

AVID 7 Camp Packing List

- Please do not over pack. We will only be gone two days.
 - Please check weather forecast for Palomar Mountain State Park. Check day and night temperatures and plan accordingly.
 - There are only four coin-operated showers for our entire group. (25¢ for two minutes)
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- List does not include clothes that you wear on the first day
 - 2 Pairs of Socks
 - Comfortable shoes (We will be walking around a lot.)
 - 2 Days of Pants/Shorts
 - Kindness
 - 2 Days of Underwear
 - Towel (Especially if you plan to shower.)
 - Jacket
 - Happiness
 - 2 Days of Shirts
 - Sleeping Clothes
 - Sunscreen (Use it!)
 - Backpack
 - Hairbrush
 - A Good Attitude
 - Shampoo (If you plan to shower.)
 - Toothpaste
 - Toothbrush
 - Deodorant
 - Other Toiletries (feminine necessities)
 - *Chapstick* (Optional, but it may be dry.)
 - Gratitude
 - Medicines (If you take any)
 - Plastic bag or two for dirty clothes
 - Flashlight
 - Refillable Water Bottle
 - Hat (Optional)
 - Sunglasses (Optional)
 - Sandals or flip-flops may be useful for showering
 - Cell Phone & Charger (Very limited electricity)
 - Food/Snacks (Optional)
 - Bring the minimum number of blankets, as well as a pillow, that you will need. (Sleeping bag)
 - Quarters for showers (You will not need any other money)
 - DO NOT BRING earphones or headphones
 - DO NOT BRING books
 - \$30 Cash donation appreciated, but not required.

Remember: Dress Code does apply.